



## **Dermal Fillers**

### **Dermal Filler Treatment**

The procedure may be carried out in about 30-60 minutes depending on the number of areas to be treated and the volume of product to be used. The specific choice of the filler that you and the aesthetic health professional chose may depend on the results you require and the area being filled. A topical cream may be applied to reduce discomfort half an hour before treatment. The Aesthetic Nurse will then inject the filler into the site to be treated to plump out the skin, repeating if necessary on other area/sites. The filler then remains in the skin where it integrates and settles. The procedure is minimally invasive causing only mild discomfort and will not leave scars.

### **Complication of fillers**

Complications particular to dermal fillers include a risk of allergic reaction to the filler, contour irregularities, lumpiness, asymmetry, bruising, under correction and over correction. If you experience cold sores, then there may be a recurrence of them after treatment, although the chance of this can be minimised by the use antiviral medicines.

### **After the procedure**

Following the procedure there may be some redness in the treated areas, though this is usually minimal your face may be a little swollen and redder for a short period of time.

Normally patients can leave the clinic a few minutes after the procedure and return to work the same day and resume most activities within four hours. The treatment starts to work immediately but the greatest effect is seen after about 1-2 weeks. Make-up may be applied immediately afterwards. Patients can choose to have more volume should they wish after a couple of weeks at an extra cost. You can drive immediately after treatment, sleeping on back is recommended for first few nights until filler settles into dermal tissue.

### **Success and Satisfaction**

Lines and wrinkles treated should appear smoother and softer giving a more youthful appearance to the face. The effects are not permanent but should last for around 4-12 months. There are many different fillers indicated for different areas and for different needs, to volume, revitalise, define and lift.

It is advised that you stop smoking on the day of your filler treatment as this can effect the outcome, also nutritional supplements, diet intake, alcohol and anti-coagulant medication and blood thinners (aspirin&brufen) all increase the risk of bleeding and bruising and should be discussed with your practitioner prior to treatment.